



International Open Forms tournament



30th of March 2014 the Netherlands

Promoter: Mr. Sijou van der Spek

Tournament/Management: Mr. Sijou van der Spek.
phone 0031(0)625.235.736
mail: info@kamlung.nl
website: www.kamlung.nl

Place / Venue: Sports- and Education institute Kam-Lung
Hugo van Voorneweg 39
3218 VE Heenvliet
The Netherlands
0031(0)181-667425

Schedule: **Sunday 30th of March 2014**
09.00: doors open
09.30-10.30: check in participants
10.30-12.30: first round Forms
12.30-13.00: lunchbreak
13.00-15.00: second round
15.00-15.15: smallbreak
15.15-16.30: Masterclass only
16.30 hrs: finals

Schedule: Subject to change !

Eligible: The tournament is open for all Federations and for all styles. Each competitor needs a valid ID or passport (note: some countries need visum for travelling).

Categories: According international FIMAC/WKF rules.
In each category it needs at least 3 athletes. If there less than 3 competitors in one category then it will be merged with the next higher category. It's allowed to start in more than one category.

Forms

- 1 FHS** – Forms Hard Style Japanese
- 2 FKO** – Forms Korean
- 3 FVT** – Forms Veterans Traditional



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- 4 FSS – Forms Soft Style
- 5 FFS – Forms Freestyle
- 6 FWN – Forms Weapons No Music
- 7 FWM – Forms Weapons with Music
- 8 FEX – Extreme Forms
- 9 FTM – Team Forms
- 10 FSC – Forms Synchronous (minimal 2 athletes)
- 11 FMC – Forms Masterclass (Black belts only)

Equipment:

dress code: the competitor must wear a martial arts uniform. The uniform must be clean and pressed. Belt of appropriate grade must be worn, no jewellery may be worn. No costumes may be used, no special effects i.e. dry ice, lasers, smoke etc. no dance moves are to be included in your form. The competitor must announce style, club or country, according to whether competition is National or International. The competitor must show good etiquette at all times in the presentation, performance or application of Kata or Form.

Maximum/Minimum Time: 1 minute (min) and 3 minutes (max)

Starting Fee:

	FIMAC/WKF Members	Others associations
One start	€ 7,00	€ 10,00
Each further start	€ 5,00	€ 8,00
Teams/Synchronous Maximum 5 athletes	€ 15,00	€ 20,00

Please transfer the starting fee until **26th March 2014**

Account:

Account name: Sport Kam Lung
Bank: ABN Amro
IBAN: NL.96.ABNA.0472.8057.38

Referee:

Please name your referees by mail. Only official well dressed referees get lunch and beverages free. Black or Red shirt with FIMAC or WKF logo and black trousers.



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Registration: The pre-registration is urgent required. Please send it per mail or fax:

Mr. Sijou van der Spek
E-Mail: info@kamlung.nl

End of registration: Wednesday, 26th of March (date of the e-mail or fax). No nomination will be accepted at the tournament start. Keep care on your categories.

Liability: The promoter / organiser doesn't take any liability in the event of damage, injury or theft.

Information: Mr.Sijou van der Spek
www.kamlung.nl/ mail: [info@kamlung.nl/](mailto:info@kamlung.nl) cell phone:
0031(0)625.235.736

Accommodation: If necessary there are hotel accommodations nearby (cities: Spijkenisse, Brielle or Zuidland). Please contact the promoter if you need an accommodation (data, number of persons, etc.).

Hotel Blessing

Hoofd 2
3214 AH Zuidland
Telefoon: +31 (0)181 - 459440
Fax:+31 (0)181 - 459441
informatie@hotelblessing.nl
www.hotelblessing.nl

Atlas Hotel Holiday

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3202 ST Spijkenisse
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